

# Personalize the fidget blanket with these images!

1. Print this page and cut out the images.
2. Choose two images to insert into the picture frames on the blanket.
3. Switch the images regularly to have a new conversation starter every time.  
You can also fill in the blue identity cards to provide extra support for the elder.

**Identity information**

My name:

My address:

In case of emergency call:



**I have Dementia**

Please be patient with me. I may:

- Repeat questions
- Forget what you told me
- Take longer to make decision

